

29 THERAPEUTIC ORGANISED ACTIVITIES & ADDITIONAL SERVICES

PURPOSE

To provide entertainment and reality orientation, to promote physical well-being, mental stimulation.

PROCEDURE

All activities will be planned monthly for both the cognitive and the cognitively impaired resident by the Administrator/Administrative designee.

1. All activities will be developed based upon the resident preferences, age, developmental level, Physical ability, medical condition, and treatment needs.
2. Upon admission as a part of the admission packet, residents will receive a Preference form which will include the resident's activity choices and preferences. Information from this form will be utilized to schedule activities.
3. Social, recreation or rehabilitative activities will be provided each day.
4. Activities are scheduled to fill the hours that a resident is not involved in other planned or structured activities.
5. The activity will be planned in accordance with the purpose of this policy one week in advance.
6. A copy of the Activities Calendar will be retained on file on the premises for 12 months.
7. The activities will be posted daily on the Reality Orientation Board.
8. A newspaper, current magazines and a variety of reading material will be available to all residents.
9. Changes and substitutions will be indicated on the Activity Calendar
10. Implementation of the Activities Program is the responsibility of the Caregivers on duty.
11. The response of any scheduled activity is often a direct result of the staff who are promoting the activity. When the employee is enthusiastic, it is more likely that the residents will be enthusiastic, this facility direct care staff show enthusiasm resulting in the resident showing enthusiasm.
12. Evaluation of the activities Program is the responsibility of the Administrator.
13. It is the responsibility of the direct care professional to evaluate each activities program every three months and make recommendations for improvement.
14. Social/ Recreation-leisure skills include game, arts and crafts, exercise, sing along and gardening.
15. Educational Activities include nutrition, safety procedures, blood pressure, and financial management.