

## **67 COUNSELING SERVICES**

### **PURPOSE**

To provide counseling services to promote physical well-being, mental stimulation.

### **PROCEDURE**

An administrator shall ensure that counseling is:

1. Offered as described in the behavioral health residential facility's scope of services
2. Provided according to the frequency and number of hours identified in the resident's treatment plan
3. Provided by a BHP or BHT

An administrator shall ensure that:

1. A personnel member providing counseling that addresses a specific type of behavioral health issue has the skills and knowledge necessary to provide the counseling that addresses the specific type of behavioral issue
2. Each counseling session is documented in the resident's medical record to include:
  - a. The date of counseling session
  - b. Amount of time spent in the counseling session
  - c. Whether the counseling was individual, family, or group counseling
  - d. The goals addressed in the counseling session
  - e. The signature of the personnel member who provided the counseling and the date signed